## Healthier soil, Healthier plants... www.earthlife.com.au it is that simple



## **Planting Vegetable & Herb Seedlings**



**Garden Mate** breaks up clay and soil compaction allowing water to penetrate while improving drainage, as well as stimulating fresh root and shoot production



Veggie Mate is perfect keeping soil conditioned while stimulating growth and helping to fortify against insects, fungi and diseases.



Flower Blend stimulates and supports flower production for fruiting vegetables like tomatoes, peas, beans, chilli, cucurbits etc.

## **Best Practice**

- 5-10 handfuls of Garden Mate per m2 mixed through prior to planting.
- **1 pinch of Veggie Mate in bottom of hole** when planting.
- 1-2 handfuls of Veggie Mate per plant every 4-6 weeks until harvest.
- 1-2 handfuls of Flower Blend per plant every 4-6 weeks for fruiting.

